Experimental research on improving the health conditions for Yeworeda kebele/community, Ethiopia

By International Orthodox Christian Charities and Orthodox Church Aid and Missions FILANTROPIA

What is podoconiosis (podo)?

- Non-infectious elephantiasis caused by long-term exposure of bare feet to irritant soil
- 5–10% prevalence in areas of irritant soil and subsistence farming
- Chiefly affects people of productive age







Why is podoconiosis important in Ethiopia?

- Contributes to 17.6% of the disabilities in Ethiopia
- The total estimated cost to Ethiopia is \$200 million per annum
- About 1.5 million people live with podoconiosis in Ethiopia





What is the prevention and treatment of podoconiosis?

PODO IS BOTH PREVENTABLE AND TREATABLE.

- Prevention of podoconiosis
 - Wearing of appropriate shoes
 - Good foot hygiene
- Treatment of podoconiosis
 - Foot hygiene
 - Wound care
 - Lymphedema management









- **Project Goal:** To help improve the health conditions for Yeworeda *kebele* / community members of Dembecha district through disease prevention and treatment so that the burden of podoconiosis in this community is reduced.
- **Objective 1:** To co-create a solution towards increasing access to hygiene supplies through the participation of a user community that is endemic to podoconiosis and trachoma
- **Objective 2:** To test the prototype with the user community and facilitate co-learning.



SETTING THE SCENE

- → Singing of an MOU with the local government
- ➔ Project launch through a one-day workshop



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IDEATION and CO-DESIGN

IOCC facilitations engaged with 24 end users and stakeholders with a focus on the identification of the following.

- → Strengths
- → Weaknesses
- → Issues and challenges
- ➔ Risks
- ➔ Opportunities









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IDEATION and CO-DESIGN

- → User Journey
- → Interviews
- → Bright Stars Idea







CREATING A PROTOTYPE

- → The group received training on how to make liquid soap.
- → 200 liters of liquid soap was made and bottled by the group.
- ➔ The liquid soap was presented to the local community and sold at the local market.



SALES WAS GREAT!

- → The group is now locally registered.
- \rightarrow The project is handed over to the group.
- → Our staff enhanced skills on communitydriven innovation experimental research.

CHALLENGES

- → Shortage of imported ingredients for making soap and plastic containers.
- ➔ The community is located in a remote area and have little or no access to these supplies.







Collaborations/partnerships

- → The Woreda health office and health centers
- → A local company that supplies chemicals for making soap
- → A local company that supplies plastic container s



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Feasibility for scaling

→ We are planning to scale up the experiment with funds from other donors in three more districts.
→ Learning will continue and used for any modification at scale up.



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Thank you!

